

# Co-Ed Division



Are you looking to combine fun, fitness and friends? The largest ultimate league in the world offers a co-ed division, playing weekly every evening from Monday to Friday. We welcome new players and there is room for everyone at every level. You can join as an individual, group, team or couple. So come out, make new friends, and play the best game on earth.

May 14 to August 26

Locations throughout the City

## ULTIMATE SUMMER LEAGUE 2007

Fit. Fun.  
Friends.



**CO-ED SUMMER ULTIMATE** is provided by the Ottawa-Carleton Ultimate Association (OCUA). OCUA is the largest ultimate league in the world, serving 5,000 players in the national capital region.

**WHEN** May 14 to August 26: Monday, Tuesday, Wednesday, Thursday or Friday evenings at 6:30pm

**WHERE** Locations throughout the city (fields that we use are indicated on the map by ● ; OCUA's dedicated 19-field Ultimate Parks Inc is indicated by ★ )

**COST** \$75 per player or \$1007 per team (GST included)

**HOW TO REGISTER** Download registration form at [www.ocua.ca](http://www.ocua.ca)

**MORE INFORMATION** [www.ocua.ca](http://www.ocua.ca); [gm@ocua.ca](mailto:gm@ocua.ca)

