

# Play Ultimate!



Play the best game on earth in any of our divisions

Co - Ed • Family Fun • Sunday Social • West End • Women's  
Young Professionals • Youth Coached • Youth

VISIT [WWW.OCUA.CA](http://WWW.OCUA.CA) FOR MORE INFORMATION

<p><b>Co - Ed Division</b></p> <p>Are you looking to challenge the status quo? The largest ultimate league in the world offers a wide variety of playing levels, from recreational to elite. We welcome players of all ages and abilities. Come, team up, and play the best game on earth.</p> <p>May 14 to August 26 Locations throughout the City</p> <p>ULTIMATE SUMMER LEAGUE 2007</p>	<p><b>Family Fun Division</b></p> <p>Here's your opportunity to introduce the whole family to the best game on earth in a family atmosphere. We'll have fun in the spirit of ultimate, while teaching the basics of the game to the young ones. All ages and abilities are welcome. Every Sunday afternoon, 12:00-2:00 PM, at the location listed below. No experience is necessary, coaching will be available. Meet up on the field and show us the best!</p> <p>May 20 to June 24 Glen Memorial Park</p> <p>ULTIMATE SUMMER LEAGUE 2007</p>	<p><b>Sunday Social Division</b></p> <p>Come and play the best game on earth in a family atmosphere. We'll have fun in the spirit of ultimate, while teaching the basics of the game to the young ones. All ages and abilities are welcome. Every Sunday afternoon, 12:00-2:00 PM, at the location listed below. No experience is necessary, coaching will be available. Meet up on the field and show us the best!</p> <p>May 20 to August 26 East End</p> <p>ULTIMATE SUMMER LEAGUE 2007</p>	<p><b>West End Division</b></p> <p>Here's your opportunity to play the best game on earth in the heart of the city. We'll have fun in the spirit of ultimate, while teaching the basics of the game to the young ones. All ages and abilities are welcome. Every Sunday afternoon, 12:00-2:00 PM, at the location listed below. No experience is necessary, coaching will be available. Meet up on the field and show us the best!</p> <p>May 18 to August 24 Kensington &amp; West End Fields</p> <p>ULTIMATE SUMMER LEAGUE 2007</p>	<p><b>Women's Division</b></p> <p>Are you looking to challenge the status quo? The largest ultimate league in the world offers a wide variety of playing levels, from recreational to elite. We welcome players of all ages and abilities. Come, team up, and play the best game on earth.</p> <p>May 17 to August 16 Locations throughout the City</p> <p>ULTIMATE SUMMER LEAGUE 2007</p>	<p><b>Young Professionals Division</b></p> <p>Play the best game on earth in a family atmosphere. We'll have fun in the spirit of ultimate, while teaching the basics of the game to the young ones. All ages and abilities are welcome. Every Sunday afternoon, 12:00-2:00 PM, at the location listed below. No experience is necessary, coaching will be available. Meet up on the field and show us the best!</p> <p>May 28 to August 27 Ottawa Urban Club</p> <p>ULTIMATE SUMMER LEAGUE 2007</p>	<p><b>Youth Coached Sessions</b></p> <p>Your kids heard about ultimate at school? Show 'em the best game on earth! We'll have fun in the spirit of ultimate, while teaching the basics of the game to the young ones. All ages and abilities are welcome. Every Sunday afternoon, 12:00-2:00 PM, at the location listed below. No experience is necessary, coaching will be available. Meet up on the field and show us the best!</p> <p>May 15 to July 5 East, West &amp; Central Locations</p> <p>ULTIMATE SUMMER LEAGUE 2007</p>	<p><b>Youth Division</b></p> <p>Here's your opportunity to play the best game on earth in the heart of the city. We'll have fun in the spirit of ultimate, while teaching the basics of the game to the young ones. All ages and abilities are welcome. Every Sunday afternoon, 12:00-2:00 PM, at the location listed below. No experience is necessary, coaching will be available. Meet up on the field and show us the best!</p> <p>May 14 to August 13 East and West End Division</p> <p>ULTIMATE SUMMER LEAGUE 2007</p>
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# OCUA SUMMER LEAGUE 2007

Fit. Fun. Friends.