

Play the best game on earth in a friendly co-ed atmosphere. The largest ultimate league in the world now has a division for young, urban and energetic people like you. Play Monday evenings on city fields, and meet up afterwards for the post-game wrap. Teams are mixed with 4 guys and 3 girls on the field. No experience is necessary; coaching is provided.

May 28 to August 27

ULTIMATE SUMMER LEAGUE 2007

Ottawa Urban Core

