

Youth Winter Ultimate



Have your kids heard about Ultimate at school? Seen it at the park or at the dome? Looking for an activity combining fun, fitness and friends? The Ottawa Carleton Ultimate Association offers Ultimate skills development programs for children aged 9 to 12 and 13 to 16. Dedicated coaches will lead winter indoor clinics in a manner designed to have participants learning at the level that is right for them.

2008/2009 winter clinics and pick up for youth will be held on Saturday mornings from 9 am – 11am at Ben Franklin Place Dome. Only 24 youth are accepted at each clinic so reserve your spot early! Beginner players can learn from experienced players and the maximum can be gained from skills and drills as well as scrimmages. Please flip this page over to find a registration form with all the dates and details. Do not hesitate to get in touch with any questions you might have. We look forward to hearing from you!

November 8, 2008 – March 7, 2009

Ben Franklin Place Dome

WINTER ULTIMATE 2008

Fit. Fun.
Friends.



Ottawa-Carleton Ultimate Association
 99 Fifth Avenue, Box 142, Ottawa, ON K1S 5P5
 Phone: (613) 860-6282 | Fax: (613) 236-4399
 www.ocua.ca



2008 YOUTH WINTER CLINICS REGISTRATION FORM & WAIVER

PLAYER INFORMATION

Last name: _____ First name: _____
 Age: _____ Male Female
 Current level of play: Beginner Intermediate Advanced
 Address: _____
 Home phone: _____ Cell phone: _____
 Family email (print carefully please): _____
 Emergency Contact (name/relationship to child): _____
 Emergency Contact phone number (during the class): _____

(office use only) OCUA Youth #: _____ <input type="checkbox"/> Registered <input type="checkbox"/> Paid

PLAYER HEALTH INFORMATION

Does your child have any allergies? Yes No If yes, to what? _____
 Does your child have any medical conditions? Yes No _____
 Does your child have any previous injuries we should be aware of? Yes No _____
 Does your child need to wear special gear when participating in sports? Yes No _____
 Family doctor: _____ Health card number: _____

PROGRAM SELECTION – please note the age ranges and choose your selection(s) accordingly

Class Ages 9-12 Ages 13-16
 Dates November 8, 2008 December 6, 2008 January 3, 2008 February 7, 2009 March 7, 2009
 Location Ben Franklin Place Dome Time Slot Saturdays, 9:00 am to 11:00 am

Field directions: please visit ocua.ca and click on the Fields tab in the Quick Links section (upper left side of front page).

REGISTRATION FEE

The registration fee is \$21 (\$20 + GST) per clinic for each youth, and participants will receive a free disc! Please send a cheque made payable to OCUA, along with this registration form & waiver to:
 Ottawa Carleton Ultimate Association, 99 Fifth Avenue, Box 142, Ottawa, ON K1A 5P5
 If you wish to withdraw your child and receive a refund of fees paid, notice must be given two weeks prior to the start of a session. After this date, refunds will be given for medical reason only. A \$5.00 administration fee will apply to all refunds. OCUA reserves the right to ask any participant to leave the session. In such a case a prorated refund will be issued. Please note that these fees are eligible for the new Children's Fitness tax credit; please visit <http://www.cra-arc.gc.ca/whatsnew/fitness-e.html> for details.

PARENT/LEGAL GUARDIAN

I understand that my child is participating in the program(s) selected above at their own risk and release the Ottawa-Carleton Ultimate Association and all organizers from any liability. I acknowledge making this agreement: I have read and understood the terms and conditions of this agreement and by signing it voluntarily, I am agreeing to abide by these terms.
 I certify that the information supplied on this form is accurate.

Parent/Legal Guardian full name: _____ MM DD YYYY
 Signature: _____ Date: _____

We'd like to encourage you to visit ocua.ca and click on the YOUTH tab (in the top horizontal menu) for more information about OCUA youth programs. Should you have any additional questions or concerns, please don't hesitate to contact us at youth@ocua.ca. OCUA Ultimate. Fit. Fun. Friends.

WE CAN ONLY ACCEPT 24 PLAYERS FOR EACH CLINIC SO BOOK EARLY TO ENSURE YOU GET A SPOT!