



OCUA and YOU,
providing the ultimate fun for youth in Ottawa!



Open to girls and boys aged 9-12 and 13-15 years

Leagues run Mon., Tues, Wed., & Thurs
May 31 to July 22,
6:30pm to 8:30pm

Cost \$75 per person/league
(Includes T-shirt, disc and rulebook)

No experience required!
Cleats recommended



Space is limited! Call now!



For more information or registration:
phone Michael 569-4617
or email youth@ocua.ca
www.ocua.ca



Ottawa Carleton Ultimate Association